



KFC NUTRITION INFORMATION

Information correct as at 23 March 2009



CAYAN GRILL (Burgers, Twisters, Melts & Fillet)

Product	Avg Serving Size		Energy		Calories		Protein		Fat, total		Fat, saturated		Fat, trans		Carbohydrate		Carbohydrate, sugars		Sodium		Dietary Fibre, Total	
	Portion	gram	kJ/serve	kJ/100g	cal/serve	cal/100g	g/serve	g/100g	g/serve	g/100g	g/serve	g/100g	g/serve	g/100g	g/serve	g/100g	g/serve	g/100g	mg/serve	mg/100g	g/serve	g/100g
CAYAN BURGER (Excluding QLD & WA)	1 serve	177	1447	817	346	195	26.3	14.8	9.3	5.2	1.5	0.9	0.1	0.1	37.5	21.2	9.4	5.3	788	445	2.6	1.5
CAYAN BACON & CHEESE BURGER (Excluding QLD & WA)	1 serve	196	1714	874	410	209	30.8	15.7	14.3	7.3	4.5	2.3	0.3	0.2	37.8	19.3	9.6	4.9	1102	561	2.6	1.3
CAYAN BBQ BACON & CHEESE BURGER (Excluding QLD & WA)	1 serve	206	1784	865	426	207	30.8	14.9	14.3	6.9	4.5	2.2	0.3	0.2	41.8	20.3	13.0	6.3	1187	576	2.7	1.3
CAYAN WORKS BURGER (Excluding QLD & WA)	1 serve	238	1856	779	443	186	31.0	13.0	14.4	6.0	4.5	1.9	0.3	0.1	45.7	19.2	17.3	7.2	1106	464	3.0	1.3
CAYAN TWISTER (REGULAR)	1 serve	217	1856	857	443	205	26.2	12.1	20.4	9.4	4.0	1.9	0.2	0.1	39.1	18.1	4.3	2.0	1065	492	3.5	1.6
CAYAN TWISTER (SWEET CHILLI)	1 serve	217	1658	766	396	183	26.2	12.1	12.0	5.5	3.2	1.5	0.2	0.1	43.8	20.2	8.9	4.1	1139	526	3.5	1.6
CAYAN MELT (SWEET CHILLI)	1 serve	261	2352	901	562	215	42.8	16.4	22.6	8.7	12.2	4.7	0.9	0.3	46.3	17.7	12.0	4.6	1281	491	3.2	1.2
CAYAN MELT (TANGY BBQ)	1 serve	261	2343	898	560	215	42.9	16.4	22.6	8.6	12.2	4.7	0.9	0.3	44.8	17.2	9.5	3.6	1408	540	3.4	1.3
CAYAN GRILL FILLET	1 piece	76	420	552	100	132	19.4	25.5	1.7	2.2	0.5	0.7	0.0	0.1	1.5	2.0	0.8	1.0	382	502	0.5	0.7



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EXCEPTIONS TO THE ABOVE NUTRITIONAL INFORMATION

Product	Avg Serving Size		Energy		Calories		Protein		Fat, total		Fat, saturated		Fat, trans		Carbohydrate		Carbohydrate, sugars		Sodium		Dietary Fibre, Total	
	Portion	gram	kJ/serve	kJ/100g	cal/serve	cal/100g	g/serve	g/100g	g/serve	g/100g	g/serve	g/100g	g/serve	g/100g	g/serve	g/100g	g/serve	g/100g	mg/serve	mg/100g	g/serve	g/100g
CAYAN BURGER (QLD & WA)	1 serve	177	1477	834	353	199	26.3	14.9	10.4	5.9	1.5	0.9	0.1	0.1	36.8	20.8	8.7	4.9	765	432	2.5	1.4
CAYAN BACON & CHEESE BURGER (QLD & WA)	1 serve	196	1744	889	417	212	30.8	15.7	15.4	7.9	4.5	2.3	0.3	0.2	37.1	18.9	9.0	4.6	1079	550	2.6	1.3
CAYAN BBQ BACON & CHEESE BURGER (QLD & WA)	1 serve	206	1814	880	434	210	30.9	15.0	15.4	7.5	4.5	2.2	0.3	0.1	41.1	19.9	12.3	6.0	1164	564	2.7	1.3
CAYAN WORKS BURGER (QLD & WA)	1 serve	238	1886	791	451	189	31.0	13.0	15.5	6.5	4.5	1.9	0.3	0.1	44.9	18.9	16.6	7.0	1083	455	3.0	1.3

• Nutrition information is based on data from independent testing facilities and our suppliers. It is based on average figures and standard product formulations. Actual serving sizes and nutrient values may vary due to regional and seasonal differences in ingredients, minor differences in product assembly and other factors.

• Product data is based on current formulations as of date of publication. If you intend to use this information in a publication then you should ensure a notation is included of the date the information is current.

• Some menu items may not be available at all KFC restaurants and certain locations may at times offer test products, limited time offerings or other regional menu choices not listed. Nutrition information shown does not apply to special or custom orders.

• For further information please contact our Customer Service Hotline on 1800 620 723.

** Data Not Available

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